



## **TRACK CLUB**

**Athlete Club Fees: \$125 per month for the indoor/outdoor seasons**

Athletes will receive a solid introduction to the sport including instruction on running technique and weekly track workouts.

Uniforms, warmups and all track club gear is located online at [www.squadlocker.com](http://www.squadlocker.com) search rise n fly track club

**Sibling discount of \$25 will be given for each additional family member registered.**



## Indoor/Outdoor Season Registration 2023/24

Athlete Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gender: M F

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address(es): \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Please list any known medical conditions or allergies: \_\_\_\_\_

Does athlete play any other sports? Yes No

If yes, which sport(s)? \_\_\_\_\_



## **Parental Consent and Release of Liability Agreement**

*Please read the following information carefully before signing.*

As the parent or guardian, I certify that \_\_\_\_\_ has my consent and permission to participate in the regular practices and/or training sessions for the **RISE n FLY Track Club**.

### **Authorization to Approve Medical Care**

I/We do hereby delegate to **Rise n Fly Track Club**, its employees, trainers, subcontractors or agents the authority to seek, obtain, and approve any medical care and treatment which is deemed advisable by, and is to be rendered under the general supervision of any physician or surgeon, for the above-named minor, which, in their judgment, is necessary for the health and well-being of said minor during his participation in the **RISE N FLY Track Club**. This approval is for minor treatment, first aid and onsite care by a trainer as well as any more substantial or emergency care onsite or at local healthcare facilities.

I/We assign payment to those medical vendors for all services that these same medical vendors may render. It is understood that this authorization is given in advance of any specific diagnosis, or treatment or medical care being required and is to serve as specific consent to any and all such diagnoses, treatment or hospital care which may be deemed advisable. I/We agree to hold **Rise n Fly Track Club** its employees or agents harmless for any liability arising out of any good faith action taken in and obtaining medical treatment for the above-named minor.

### **Indemnification and Hold Harmless**

In consideration of the participant in the **RISE n FLY Track Club**, the undersigned parent/guardian hereby releases and holds harmless **Lakeside & Woodbridge High Schools**, and its employees, agents or subcontractors and **Rise n Fly Track Club**, and its employees, trainers, subcontractors or agents from any and all liability occurring during the participation of the undersigned child. In particular, the undersigned parent/guardian acknowledges that he/she and such child will not hold **Lakeside High School & University HS** or **Rise n Fly Track Club** liable for any expenses, property damages, personal injuries and/or death sustained by such child while participating in the **Rise n Fly Track Club**. Furthermore, the undersigned parent/guardian acknowledges that he/she is physically capable to participate, is aware of and understands the inherent risks involved in such activity, and is prepared to assume, on behalf of such child and himself/herself, all of such risks as his/her and the child's sole responsibility.

The terms and conditions of this Agreement shall be legally binding upon the undersigned parent/guardian and such child and his/her respective estate, representative and assigns.

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Parent/Guardian Signature

Date

# RISE N FLY TRACK CLUB

## USATF & AAU Membership

**In order to compete**, athletes must submit for a USATF and AAU Membership application each year. .

These forms can be downloaded from the following links:

USATF: <https://www.usatf.org/membership/application/index.asp>

AAU: <https://play.aausports.org/joinaa/membershipapplication>